

Centre for Excellence in Peer Support Presents

Foundations of Peer Support Practice — 3 Day Training



Training for peer supporters working in mental health / addiction settings

A three day training for people who are working (or intending to work) in mental health/addiction peer support roles.

Topics covered include: theory and history of peer support, intentional use of lived experience, putting peer support values into practice, communication and conflict resolution skills, and more.

When: August 19, 20, 21 2019 9:30am—4:30pm

Location: 1 Bluesprings Drive, Waterloo **Cost:** \$700

To register or for more information please contact cbassarab@cmhaww.ca



Canadian Mental
Health Association
Waterloo Wellington



SELF HELP &
PEER SUPPORT